



COLLEGE OF SCIENCE
PSYCHOLOGY
VIRGINIA TECH™

JANUARY 2026 NEWSLETTER

Welcome and Campus Involvement

Hello Psychology Majors,

We are excited to welcome you into the Spring 2026 semester! We are excited to see you and hope you had a wonderful Winter Break.

This newsletter will help give you ideas for campus involvement and also includes some information about upcoming events and dates.



Please keep in mind that **Tuesday, January 20th** is the first day of classes. You have until **Monday, January 26th** to add any new classes and until **Monday, March 2nd** to drop any of your classes. You can see all academic dates on the Registrar's Office website [here](#).

As a reminder, you can send generic questions to psycadvising@vt.edu and more specific questions to your specific academic advisor. You can find directions for how to **make an advising appointment** [here](#).

We hope you have a fun and safe start to the semester!

All the best,
Christina Minford, Courtney Glass, & Dr. Kurt Hoffman



Importance of Getting Involved

Being involved is a great opportunity to gain more professional experience in psychology and to build community connections with other students and professionals. While learning in class is a crucial part of college, the experiences you choose to participate in outside of the classroom are equally important. It's a chance to learn more about yourself and your future interests, and actively build community with others.

GobblerFair, GobblerConnect & PSYC Social Media

GobblerFair is an opportunity to connect with over 150 student organizations. This is happening on **Friday, January 30th** from **4pm-6:30pm** in the **Commonwealth Ballroom** in Squires.

GobblerConnect is a great website to use to find organizations and events. There are over 700 student organizations and clubs on campus that you can join. You can search for specific areas of interest on the website and look at upcoming events.

Please follow us on social media! We are on **Instagram** under **@vtpsycadvising** [here](#) and on **Facebook** via the **Virginia Tech Psychology Major Advising** page [here](#).



Psychology Student Organizations

- **Psychology Club and Psi Chi Honors Society**
 - Provide information about psychology careers, graduate school preparation, and possible job/volunteer opportunities, and host various psychology area speakers.
 - Follow on Instagram [@psychclubatvt](#).
- **Active Minds**
 - Student-led mission to increase awareness about mental health issues and actively create change at VT.
 - Follow on Instagram [@activemindsatvt](#).
- **The Association of Black Psychologists**
 - Promoting and advancing the profession of African Psychology, influencing and affecting social change, and developing programs whereby psychology of African descent can assist in solving problems of black communities.
 - Follow on Instagram [@vt_abpsi](#)

Please keep up with the **Weekly Announcements** sent from the [Psychology Advising Resources Canvas course](#) for information on the student organizations above and lots of other great opportunities.

Need to Fill Out a Form?

If your primary major is Psychology, please use the [College of Science forms page](#) for any forms you might need this semester. Make sure to check in with your academic advisor if you have any questions!



Winter Weeks of Welcome

Find more events for Friday, Jan 16th - 30th on the [Hokies on Track](#) app

Saturday, January 17th

- Blacksburg Farmers Market Trip: 11:30am-12:30pm, Meet at Squires Plaza on College Avenue
- VT Men's Basketball Game vs Notre Dame: 12pm-2pm, Cassell Coliseum
- Game Night with HTC: 6pm-8pm, Owen's Ballroom

Sunday, January 18th

- Craft Night with FLEX: 5pm-7pm, Owen's Ballroom

Monday, January 19th - Dr. Martin Luther King Jr. Day - No Classes

- APA March & Panel of Campus Voices: 9am-2pm, BCC in Squires

Tuesday, January 20th - First Day of Spring 2023 Classes

- Nail Salon: Winter Welcome: 11am-2pm, APIDA+ Center
- Spring Semester Starter Packs: 2pm-4pm, Info Booth A of Squires
- Paint Night with FRIENDS: 6pm-8pm, Commonwealth Ballroom, Squires

Wednesday, January 21st

- Watercolor Wednesday: 4pm-6pm, CID Community Assembly
- Creating Your Vision Board Party: 6pm-7:40pm, GLC Multipurpose Room

Thursday, January 22nd

- Health Relationships Paint & Chat: 3:30pm-4:30pm, Squires 236

Friday, January 23rd

- Boardwalkin' in a Winter Wonderland: 3pm-5pm, War Memorial Gym