

AUGUST 2023 NEWSLETTER Welcome, Involvement, and Upcoming Events

Hello Psychology Majors,

We are excited to welcome you into the Fall 2023 semester! We are excited to see you around campus, whether you are new or returning.

This newsletter is will help give you ideas for campus involvement and will also include some information about upcoming events and dates.



Please keep in mind that **Monday**, **August 21st** is the first day of classes. You have until **Friday**, **August 25th to add** any new classes and until **Tuesday**, **October 3rd to drop** any of your classes. You can see all academic dates on the Registrar's Office website here.

As a reminder, you can send generic questions to psycadvising@vt.edu and more specific questions to your specific academic advisor. You can find directions for how to **make an advising appointment** <u>here</u>.

We hope you have a fun and safe start to the semester!

Taylor Swan, Christina Minford, Courtney Glass, & Dr. Kurt Hoffman



Importance of Getting Involved

Being involved is a great opportunity to gain more professional experience in Psychology and to build community connections with other students and professionals. While learning in class is a crucial part of college, the experiences you choose to participate in outside of the classroom are equally important. It's a chance to learn more about yourself and your future interests, and actively build community with others.

GobblerFest & GobblerConnect

Mark your Calendar: GobblerFest takes place on Friday, September 1st from 4pm-7pm on the Drillfield.

Over 700 student organizations, live performances, and rides will make browsing getting involved more fun than ever.

You can also search for VT student organizations to join through GobblerConnect here.





Psychology Student Organizations

Psychology Club and Psi Chi Honors Society

- Provide information about psychology careers, graduate school preparation, and possible job/volunteer opportunities, and host various psychology area speakers.
- Follow on Instagram @psychclubatvt.

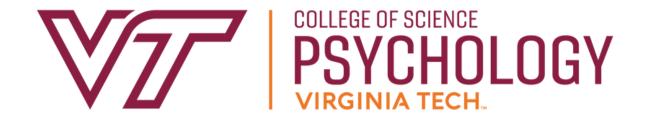
Active Minds

- Student-led mission to increase awareness about mental health issues and actively create change at VT.
- Follow on Instagram @activemindsatvt.

The Association of Black Psychologists

- Promoting and advancing the profession of African
 Psychology, influencing and affecting social change, and
 developing programs whereby psychology of African descent
 can assist in solving problems of black communities.
- Follow on Facebook page here and find more information on how to join here.

Read the **Sunday Weekly Announcement** emails from **psycadvising@vt.edu** for more information on all of the above.



Upcoming Events & Dates

- Monday, 8/21 First day of all classes and the last day to resign from the semester to avoid tuition/fee charges.
- Friday, 8/25 Last day to add classes to your schedule
- Tuesday, 8/15 Monday, 9/4: Weeks of Welcome Events (inperson & virtual); check your Hokies on Track app for details
- Friday, 9/1: GobblerFest Drillfield, 4pm-7pm
- Monday, 9/4: Labor Day (No Classes University Closed)
- Tuesday, 10/3: Last day to drop classes without penalty

Did you Take Classes Over the Summer?

You will need to request an official transcript from the college you took courses at to be sent to Virginia Tech. Please have any official transcripts sent to the VT Registrar's Office - you can find their contact address at the bottom of this page here.