

# OCTOBER NEWSLETTER Grad School Applications, Study Abroad & FAFSA

Hello Psychology Majors,

Happy October! For any students interested in applying to graduate school - it's important to start thinking about the possibility of graduate school early on because you will need to begin searching for programs, deciding on whom to ask for letters of recommendation, taking the GRE exam in advance, writing a personal statement, and updating your resume. We have a lot of relevant resources in this newsletter.



We also highlight some Study Abroad resources and want to remind you about the financial aid and scholarship opportunities that we know about.

We hope you have a wonderful month and continue to enjoy the football season and the beautiful Fall weather. Good luck with any mid-terms!

Taylor Swan, Christina Minford, Courtney Glass, & Dr. Kurt Hoffman



### Searching for a Graduate Program

- Peterson's Graduate School Search Tool here.
- Princeton Review Graduate School Search Tool here.
- American Psychological Association (APA) Graduate Program Search (Costs \$) <u>here</u>.
- APA Graduate Study in Psychology Book (Costs \$, APA recommended for Clinical/Counseling) <a href="here">here</a>.
- Check out ideas on Career Paths and related graduate programs in Psychology <a href="here">here</a>.

## **Graduate School Application Process**

- Applying to graduate school requires that you send in three
  professional letters of recommendation, your official VT
  transcript, a personal statement, your resume/CV, and usually a
  GRE score. However, requirements overall can differ from
  institution to institution.
- Noodle's How to Apply to Grad School article <u>here</u>.
- Month by Month Application Guide (be sure to be aware of specific application deadlines) **here**.
- Contact Jen Heinold at Career and Professional Development here for assistance with the process.



#### **Recommendation Letter Tips**

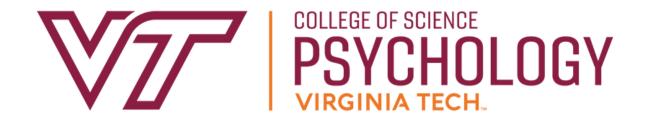
- Virginia Tech Letter of Recommendation Tips <a href="here">here</a>.
- Cornell University guide for requesting recommendation letters here.
- Guide for how to ask for a Recommendation Letter <a href="here">here</a>.
- Letter of Recommendation tips for grad school and job positions here.

#### **GRE - Graduate Record Exam Information**

- How to sign up for the GRE here.
- Information on the content tested on the GRE <a href="here">here</a> and you can find the GRE Structure <a href="here">here</a>.
- <u>Reminder:</u> Not all graduate programs require the GRE please check the application requirements for the programs you are interested in applying to.

# Other Helpful Information

- Writing a Winning Personal Statement for Grad School <u>here</u>.
- Financial aid ideas for graduate school are <u>here</u> and <u>here</u>.



# Study Abroad Opportunities

- You can find a list of featured programs for Psychology students here.
- You can participate in Study Abroad for a semester, Winter session or Summer session.
- You can go on any study abroad program (not just Psychology specific) but make sure to check in with your academic advisor beforehand to plan your next semesters accordingly.
- Contact <u>Maureen Deisinger</u>, a Global Education Advisor at <u>mdeising@vt.edu</u> to learn more.
- You can search Study Abroad programs and scholarships <a href="here">here</a>.

#### FAFSA & General Scholarship Application

- Complete Your FAFSA! the 2023-2024 FAFSA is now open!
   Prospective and current Hokies complete both the 23-24
   FAFSA and the General Scholarship Application in VT
   Scholarship Central by January 22, 2023 for maximum
   financial aid and scholarship consideration for next year.
- Information on the new <u>Federal Loan Forgiveness</u> policy.